

# LifeLink referral form for self-referrals

LifeLink uses health coaching to support people to connect to social activities, clubs, groups and local services in their community.



If you would like information and support from LifeLink, please complete this form.

<b>Participant details</b>			
Name		Home phone	
		Mobile	
Address		Date of birth	
		Gender	
		Preferred language	
GP Surgery			
Name of GP		NHS number (if known)	
Do you have any ongoing physical or mental health conditions?			Yes/no
Brief details			
How did you find out about LifeLink?			
Your signature			
Date			
<b>What are you hoping to achieve through LifeLink? (tick box or state reason in other)</b>			
Have more social contact with others			
Build new relationships in the local community			
Increased employment prospects			
Improve confidence and self esteem			
Improve health and wellbeing			
Other (please state)			
<b>Please tell us a bit more about the sort of information and support you hope to gain.</b>			

<b>For administrative use only</b>	
Referral accepted by LifeLink	Yes/no
Referral option accepted by participant	Yes/no
Referral option declined by participant	Yes/no
Reason declined	

Please email this form to the appropriate LifeLink team at our secure inbox

**(Take care to send to correct address as there are other organisations in the UK called LifeLink)**

- [brandon-lifelink@westsuffolk.gov.uk](mailto:brandon-lifelink@westsuffolk.gov.uk)
- [buryrural-lifelink@westsuffolk.gov.uk](mailto:buryrural-lifelink@westsuffolk.gov.uk)
- [burytown-lifelink@westsuffolk.gov.uk](mailto:burytown-lifelink@westsuffolk.gov.uk)
- [haverhill-lifelink@westsuffolk.gov.uk](mailto:haverhill-lifelink@westsuffolk.gov.uk)
- [mildenhall-lifelink@westsuffolk.gov.uk](mailto:mildenhall-lifelink@westsuffolk.gov.uk)
- [newmarket-lifelink@westsuffolk.gov.uk](mailto:newmarket-lifelink@westsuffolk.gov.uk)
- [sudburyrural-lifelink@westsuffolk.gov.uk](mailto:sudburyrural-lifelink@westsuffolk.gov.uk)
- [sudburytown-lifelink@westsuffolk.gov.uk](mailto:sudburytown-lifelink@westsuffolk.gov.uk)

LifeLink aims to contact you within five working days.